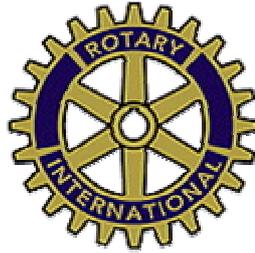


THE ROTARY CLUB OF
MOUNT WAVERLEY Inc.

WEEKLY BULLETIN



DISTRICT 9810
VICTORIA - AUSTRALIA



Mt. WAVERLEY CLUB BULLETIN

Volume 31, Number 18 28 October 2015

IMMEDIATE PROGRAMME

VENUE	SPEAKER / TOPIC	CHAIRPERSON
This week: Wednesday 28 October 2015 6pm for 6.30pm start		
Riversdale Golf Club	Melbourne Cup Calcutta	Andrew / Lou
Next week: Wednesday 4 November 2015 6pm for 6.30pm start		
LOC	Frank Cresia, CEO Waverley Industries	Adrian

IMPORTANT ADDRESSES & CLUB INFORMATION

Club Postal Address: P.O. BOX 295 GLEN WAVERLEY 3150

Web Address: <http://mountwaverleyrotary.org/>

FACEBOOK ADDRESS: <http://www.facebook.com/mountwaverleyrotary>

Bulletin Copy Deadline: **5.00 PM.** Sunday to Glen Watkins.

Other Important Addresses:

1. Oakleigh Market shifts are **6am-10.30am and 9.30am till 1pm.** The address is Corner Atherton Rd and Hanover Sts Oakleigh.
2. Mount Waverley Market shifts are **7-11.00 shift 1** (x 2 pax) then **11-2pm shift 2** (x 1 pax). The address is Hamilton Place Shopping Centre, Stephenson's Road Mount Waverley.
3. Leighoak Club (LOC) is located at 1555 Dandenong Road Oakleigh.
4. Riversdale Golf Club is located at Cnr Huntingdale & High Street Roads, Mt Waverley – enter via Huntingdale Road.

ATTENTION ALL MEMBERS

PLEASE CONFIRM YOUR MEETING ATTENDANCE TO PAUL POWER (WHILST KEITH KENDRICK IS TAKING ON PRESIDENTIAL DUTIES) ON 0400 994 746. ADVICES OF LEAVE DATES WOULD ALSO BE APPRECIATED.

OUR FOOD DONATION BIN FOR MONASH WAVERLEY COMMUNITY INFORMATION & SUPPORT (MWCIS) IS AN IMPORTANT LOCAL COMMUNITY PROJECT FOR THE CLUB. PLEASE BRING TO ROTARY MEETINGS A SMALL DONATION OF NON PERISHABLE FOOD FOR THE DONATION BIN, WHICH IS LOCATED IN THE FRONT CORNER OF THE MEETING ROOM.

CALENDAR OF UPCOMING CLUB/ROTARY EVENTS IS IN THIS BULLETIN. ROTARIANS PLEASE CHECK FOR YOUR MARKET/ROTARY PROJECT COMMITMENTS ON THIS PAGE AND MARK YOUR DIARIES ACCORDINGLY.



President's Report for 28 October
No report this week

PHOTOS FROM LAST WEEK

No photos for this week's bulletin.

CONGRATULATIONS & CELEBRATIONS

(Week of 28/10-3/11). Congratulations Fiona on anniversary of 13 years with Rotary, on 30th October.

MEMBERS ANNOUNCEMENTS

Children's Christmas Party 5 December 2015

Planning is well underway for our annual Christmas party for disadvantaged children. I am looking for a volunteer to co-ordinate the food for the event. This probably reads to be more onerous than it really is. Closer to the event I will be asking all members to donate a plate or two of party food for the day. The job of the co-ordinator will be to contact members donating, to ensure that we have an adequate supply of food, and a good mixture of food types. For example, we don't really want 8 people all bringing Tim Tams. Could I have somebody please to take care of this task? Please note that this does not include the party pies and sausage rolls. Ros has already kindly agreed to organise those.

Terry Roche



Semi Final 4 Way Speech Contest

The semi final of the 4-Way Speech contest was held Wednesday 21st at the Mulgrave Country Club. All up there were 9 semi finalists with only 6 going through to next week's Grand Final being held at the Dorset Gardens Hotel on Tuesday evening 27th October. The evening was well attended with around 40 attending including students, family and fellow Rotarians.

Our Club sponsored 4 students in the semi-final namely two from Mt Waverley Secondary College and two from Avila College. The standard of the contest was extremely high and two of our sponsored students have made it through to the Grand Final namely Brooke Jamieson from Avila and Neha Salahuddin from MWSC. We wish both students the very best for what will be a very competitive Grand Final. Terry Roche

Terry Roche has kindly offered to attend the Grand Final and we will await Terry's report on the results.

Geoff Logie-Smith

Brief report on last week's Domestic Violence Seminar:

About 100 Rotarians and members of the public attended this Seminar held at the Waverley RSL. After a rocky start from the MC, the speakers quickly got into it and all five presented a very thought provoking and at times disturbing content. It is hoped that there will be more seminars organised around the Rotary District in the near future in line with the District's goal of helping to improve the public's awareness of this very real issue in our community.

Bulletin Editor Note to Contributors:

Hi all

To make my job a little less time-consuming could all narrative contributors to the bulletin please present their content in Arial Font, Regular Style, Size 10. Paragraphs should be single line spacing with zero spaces before and after the content.

Thanks in anticipation.
Glen Watkins

Information on Waverley Industries (topic of our meeting 4th November)

Waverley Workshop Industries (WWI) was conceived from an idea by the Mulgrave Apex Club in 1977. A committee of 6 members lead by the late Mike Russell a Rotarian of our club for several years before he died 19 years ago, investigated the need for a sheltered workshop in the then Waverley municipality and found that there were at least 450 members of the community of 200,000, who could use such a facility. The name W.W.I. was registered and the company started in 1981 with 16 disabled employees and a staff of 3 including a CEO. Land was leased from the Waverley council and a small factory building was erected at a cost of \$200,000.

The main type of work was packaging and the business grew year by year.

In 1980, the first CEO Terry Lawler died from a heart attack and was replaced by Les Morgan who managed the business for the next 10 years when he too died from prostate cancer. At that time the business came close to bankruptcy and being discontinued.

Frank Cresia was appointed as CEO in 2000 and turned a failed business into one of the benchmarking Australian Disability Enterprises in Australia today. Currently ranked as 3rd in the country for its success it now employs 230 disabled people with a staff of 30 working across 2 sites, the original one in Notting Hill and the 2nd. site, now owned by Waverley Industries Limited and opened by Senator Mitch Fifield last Friday in Hallam, where the disabled compliment of employees will be 150 people.

The club recently donated money to purchase a defibrillator which will be featured in a future edition of the Bulletin.

Adrian

Baker IDI Bright Sparks Programme

Members would be aware that for some years now, our club has provided sponsorship to Baker IDI Heart and Diabetes Research Institute PhD Student Researchers. Our sponsorship is relatively small, but provides valuable assistance for some students to travel to overseas conferences to further their knowledge and experience.

I attended the Baker IDI annual lunch last Thursday, where selected students presented an overview of their work. I met the three students that our Club sponsored last year, and they provided a report of their work. These Travel Grant Reports are available to any member who would like a copy.

Matthew Snelson is investigating how dietary advanced glycation end products (AGE's) contribute to the development of diabetic kidney disease. AGE's are formed during the heating of foods containing proteins and sugars, and are highly prevalent in many modern processed foods.

Haloom Rafehi is investigating endothelial cells, the cells that line the insides of our blood vessels, and are prone to inflammation in many diseases, including diabetes. Inflammation is an early step in the development of cardiovascular disease and atherosclerosis. Haloom is investigating the "switches" that turn the inflammation genes on and off.

Celine Latouche has been focussing on molecular regulatory mechanisms in human skeletal muscle. Celine was explaining to me that type 2 diabetes disposition has been identified in foetal tissue in healthy females who do not have Type 2 diabetes, and her research seeks to understand how and why this occurs.

I am always impressed by these "Bright Sparks" and enjoy filling in for Glen at these presentations.

Terry

From: Craig Kendall [<mailto:craigajkendall@gmail.com>]
 Sent: Tuesday, 20 October 2015 05:53
 To: Claire Button; Tom; Merv Ericson
 Subject: **Monash Children's Hospital Children Fun Day - Jells Park Sunday 22 November**

As you may know, District 9810 is helping Monash Children's Hospital with this fundraising event. It will comprise about 40 market stalls and some toddler rides and games. Many of you will already have been approached by the event coordinator AG Claire Button to provide stalls and are doing so. Rotary Club of Monash has been nominated to organise the logistics for this event, and we are seeking assistance with people power to be event marshals on the day.

It will be held in Jells Park between Madeline's Restaurant and Jells Lake on open lawn. There will be three main tasks

- Set up between 6am to 10am
- Managing the day between 10am and 4pm
- Pull down between 4pm and 6pm

We are expecting about 4,000 visitors to the event, who will perhaps stay for 2 hours on average. We estimate about 400 cars will be there for this event at any one time and they will take up at least 60% of the Jells Park in ground parking spaces. The major task is managing parking and vehicle movements, because the park will be used by other regular park visitors at the same time.

The second task will be as safety marshals and general admin assistants during the event and during set up and set down.

We have put a risk management and traffic management plan to the park managers Parks Victoria, which they are considering.

The following sets out the proposed numbers required for event marshals.

Shift 1	Traffic /Parking	Event site
6am to 10am	10	6
10pm to 12:30pm	18	12
Shift 2		
12:30 to 4:00 pm	18	12
4:00pm to 6:00pm	10	8

As you can see we need a maximum of 30 marshals in the peak periods, ramping down to 16 to 18 during set up set down. Two of these marshals on any shift may need some background in security and first aid but Victoria Police and the Royal Flying Doctor Service will be providing the main support here.

RC Monash will provide management and some of these numbers but, being a small club, we need your help. This communication formally asks for your assistance.

Over the next two weeks we will be mobilising equipment and position/task descriptions for the marshals, which we will get to you a week before the event. It will help if some of you have Working with Children tickets. There will be formal tool box meeting before each of your shifts so the tasks will be clearly spelled out.

If you can provide your own club or private Hi-Viz vests and Rotary caps that would be great. Also if it is possible to come in the least amount of vehicles (i.e. share). That will take a load off the parking which will be one of our major management tasks.

This is a major fund raising effort for the District and has the full support of Monash Children's Hospital. We are also asking them for resources to help out on the day.

Could you please advise what your club can do to assist, directly to Tom Flintoff (RC Monash) on his email: tomflintoff@hotmail.com. It would be great if you could respond as soon as possible, but by no later than 6 November.

We look forward to hearing from you.

Cheers,
 Craig Kendall - President RC Monash

CALENDAR/PROGRAMME

If you are aware that the nominated chairperson will not be available please let the bulletin editor know asap. For addresses - please refer page 1 of this bulletin

LEGEND: ■ Club Market ■ Club Meeting ■ Rotary/Club Project

Date	Venue	Time	Event (or Topic)	Chairperson
30 Oct	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Phil
1 Nov	Oakleigh	6am-1pm	Oakleigh Market	Don/Glen
4 Nov	LOC	6pm-8pm	Frank Crescia, Waverley Industries	Adrian
6 Nov	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Terry
8 Nov	Mt Waverley	6am-1pm	Mt Waverley	Charlie-Beth/Sean-Pete
11 Nov	Waverley RSL	6pm-8pm	Neil Bavington. Joint meeting with GW	NA
13 Nov	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Don
15 Nov	Oakleigh	6am-1pm	Oakleigh Market	Keith/Bill
18 Nov	TBA	6pm-8pm	Social Night	NA
20 Nov	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Adrian
22 Nov	Oakleigh	6am-1pm	Oakleigh Market Inc RCMW Garage Sale	Malcolm C/Ron
22 Nov	Jells Park	6am-6pm	Monash Children's Hospital Children Fun Day	NA
25 Nov	LOC	6pm-8pm	Club AGM & Forum	Paul/Sean
27 Nov	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Geoff
29 Nov	Oakleigh	6am-1pm	Oakleigh Market	Fiona/Rhonda
2 Dec	LOC	6pm-8pm	TBA	TBA
4 Dec	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Paul
5 Dec	Mt Waverley Community Centre – Kids Christmas Party			ALL
6 Dec	Notting Hill Bunnings 9.30am-3.30pm Club Fundraiser			ALL
6 Dec	Oakleigh	6am-1pm	Oakleigh Market	Geoff L-S/Andrew
9 Dec	LOC	6pm-8pm	Club Christmas Breakup	Rhonda/Robyn
11 Dec	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Ros
13 Dec	Mt Waverley	6am-1pm	Mt Waverley Market	Charlie-Beth/Keith-Robyn
20 Dec	Oakleigh	6am-1pm	Oakleigh Market	David B/Jeff
27 Dec	Oakleigh	6am-1pm	Oakleigh Market	Geoff T/Paul
13 Jan	Seans place	6pm-8pm	Club New Year return	NA
15 Jan	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	Charlie
3 Jan	Oakleigh	6am-1pm	Oakleigh Market	Philip/John Lucas
17 Jan	Oakleigh	6am-1pm	Oakleigh Market	Theo???
20 Jan	LOC	6pm-8pm	TBA	Adrian
22 Jan	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	David B
27 Jan	LOC	6pm-8pm	TBA	Ros
29 Jan	Pinewood Coles	9.30am-10am	MWCIS Coles Food Pickup	David N